



INTERNAL USE ONLY

Patient Name \_\_\_\_\_
Chart/Account # \_\_\_\_\_ DOB \_\_\_\_\_
Doctor \_\_\_\_\_
Date \_\_\_\_\_

REMINDER FROM DAKOTA ALLERGY & ASTHMA

You have an appointment with Dr. Mark Bubak/Lindsey Peterson, CNP on \_\_\_\_\_, at the Gallatin Building, Suite 104, 2200 West 49th Street, Sioux Falls, 57105. Telephone: (605) 336-6385. This is located on 49th Street just west of Western Avenue. If you are unable to keep the above appointment, please contact our office 24-48 hours in advance.

Please complete the enclosed allergy history and BRING IT WITH YOU.

Please AVOID the following medications for the specified times noted below, if medically allowed, so that skin testing can be performed at your visit:

Antihistamines

- Actifed ..... 3 days
Allegra (Fexofenadine) ..... 10 days
Atarax ..... 10 days
Benadryl ..... 3 days
Brexin LA ..... 3 days
Bromfed ..... 3 days
Claritin (Loratidine) ..... 10 days
Codimal ..... 3 days
Comtrex ..... 3 days
Deconamine ..... 3 days
Dristan Cold tablets ..... 3 days
Extrendryl ..... 3 days
Fedahist ..... 3 days
Hismanal ..... 6 weeks
Kronofed ..... 3 days
Naldecon ..... 3 days
Nolahist ..... 3 days
Optimine ..... 3 days
PBZ & PBZ-SR ..... 3 days
Periactin ..... 5 days
Polaramine ..... 3 days
Rondec ..... 3 days
Ru-Tuss ..... 3 days
Rynatan ..... 3 days
Semprex ..... 3 days
Sinulin ..... 3 days
Tacaryl ..... 3 days
Tavist ..... 4 days
Teldrin ..... 4 days
Temaril ..... 7 days
Traminic ..... 3 days
Trinalin ..... 3 days
Tussionex ..... 3 days
Tylenol PM ..... 3 days
Vistaril ..... 3 days
Zyrtec (Cetirizine) ..... 10 days
Four-way Cold tablets ..... 3 days

H2Antihistamines

- Axid ..... 3 days
Pepcid ..... 3 days
Tagamet..... 3 days
Zantac..... 3 days

Antinausea

- Antivert ..... 3 days
Compazine ..... 7 days
Norzine ..... 7 days
Thorazine ..... 7 days
Transderm Scop ..... 3 days
Tigan ..... 5 days
Torecan ..... 7 days
Trilafon ..... 7 days

Antianxiety Agents

- Ativan ..... 5 days
Buspar ..... 10 days
Centrex ..... 7 days
Librium ..... 5 days
Serax ..... 7 days
Tranxene ..... 7 days
Valium ..... 7 days
Xanax ..... 10 days

Antidepressants

- Asendin ..... 2 weeks
Desyrel (Trazadone) ..... 2weeks
Elavil (Amytriptaline) ..... 2 weeks
Endep ..... 2 weeks
Ludiomil ..... 2 weeks
Nardi ..... 2 weeks
Norpramin ..... 2 weeks
Pamelor (Nortriptaline) ..... 2 weeks
Paxil (Paroxetine) ..... 2 weeks
Parnate ..... 2 weeks
Prozac ..... 2 weeks
Serzone ..... 2 weeks
Sinequan ..... 2 weeks
Surmontil ..... 2 weeks
Tofranil ..... 2 weeks
Triavil ..... 2 weeks
Vivactil ..... 2 weeks
Wellbutrin ..... 2 weeks
Zoloft ..... 2 weeks



**Major Psychotropics**

Anafranil .....	3 weeks	Navane .....	3 weeks	Serentil .....	3 weeks
Clozaril .....	3 weeks	Loxitane .....	3 weeks	Taractan .....	3 weeks
Haldol .....	3 weeks	Prolixin .....	3 weeks		
Mellaril .....	3 weeks	Stelazine .....	3 weeks		

If your present medications are related to heart disease, hypertension, or psychiatric conditions, the primary physician (Doctor who prescribed the medications) should decide if the medications can be stopped safely. These include:

1. No alpha-adrenergic such as: Normodyne, Trandate, Hytrin, Priscoline, or Yocon.
2. No beta-adrenergic blockers such as: Blocadren, Cartrol, Tenormin, Corgard, inderal, inderide, Timolide, Kerlone, Levatol, Lopressor, Viskin, Normazide, Propranolol or Sectrol, Toprol, Corzide, and Tenoretic.
3. No MAO (anti-depressants) such as: Mayrlan, Nardil, Parnate, and others such as some tricyclics which include Doxepin, Sinequan, and Elavil, Adapin, Asendin, Pamelor, and Tofranil.

If you have any questions, please call the office at (605) 336-6385.